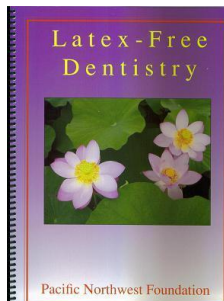
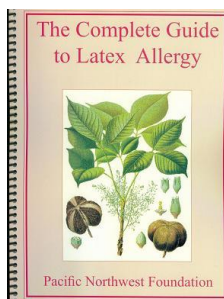




[Latex Allergy  
Resource Guide](#)



[Latex-Free Dentistry](#)



[Complete Guide to  
Latex Allergy](#)



[Latex-Free  
First Aid Kit](#)

## FRANK'S MEDICAL HISTORY

*This was as of June 1998 and is excerpted and edited for this site from a statement written for a physician.*

### Pregnancy/Birth

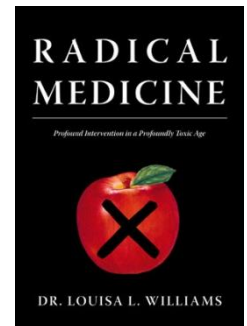
- No knowledge of any of it other than being born about 6:00 AM in Arcadia, CA, February 13, 1944. First child. I think I was breast fed.

### Childhood Diseases/Injuries

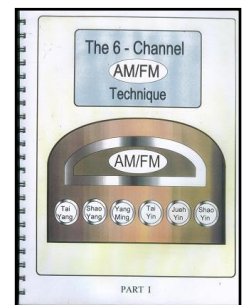
- Mumps, chicken pox, measles. Numerous ear infections. Hot/warm oil was poured into my ears to make them better. [Tonsillitis](#): [tonsils](#) removed when I was 10. I was told I almost died. [Ether](#) was the anesthetic used in the hospital.
- [Pink Eye](#): several times as a child. Exposure to polio around nine years of age. [Gamma Globulin](#) shots in hips (pre-Salk). Awake for a week with severe pain in my hips and legs. The MD said it was a from a bad batch of the Gamma Globulin.
- Heart murmur during my childhood.
- Almost cut the end of my fourth finger on my left hand with a pair of garden shears.
- Stitches under my nose from being hit there with a tin can that had been thrown at me.
- Stitches under my chin from falling off a wall on which I was standing and catching my chin on the concrete wall as I fell.
- Frequent sunburns, during the summer months, to the point of blistering on my back and face, sometimes bleeding on my nose and lips.

### Teens:

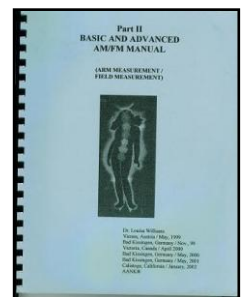
- Infections in the balls of my feet (early teens). Went to an MD who cut away the skin from my feet for several weeks to cut away the infection. It looked like dark needle points.
- Numerous ankle injuries (sprains and bad twists)



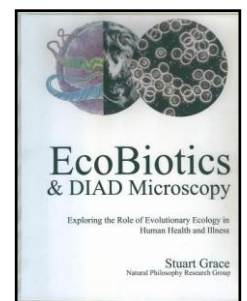
[Radical Medicine](#)



[The 6-Channel AM/FM  
Technique](#)



[Basic and  
Advanced AM/FM  
Manual](#)

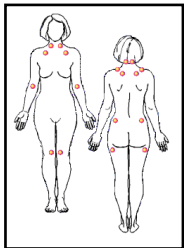


[EcoBiotics](#)

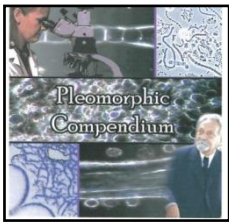
# PACIFIC NORTHWEST FOUNDATION



[Chelita: A Cancer Survivor' Story](#)



[Overcoming Fibromyalgia](#)



[Pleomorphic Compendium](#)



[T-shirt](#)

from athletics. Injured lower back lifting weights. Couldn't walk for a week or two. Excellent physical health generally. Broken nose and finger from football.

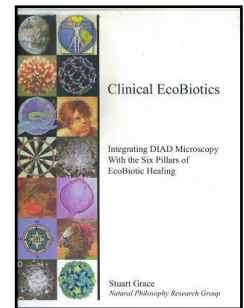
- Hammertoes surgery in mid teens (bone removed from little toes)
- Acquired mouth herpes
- [Fillings](#) in five teeth from enamel problems. All four [wisdom teeth](#) removed at once in the hospital -- general anesthesia
- Frequent sunburns, during the summer months, to the point of blistering on my back and face, sometimes bleeding on my nose and lips.
- Attempted suicide when I was 15.

## 20's:

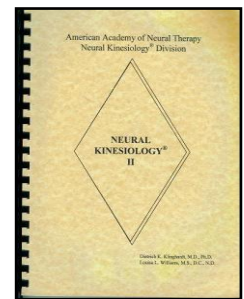
- Almost unconscious four times: twice playing football (in my late teens and 20's) and twice while water skiing (sustaining blows to my head that disoriented me but I was still able to think).
- Shoulders, left knee, both ankles injured playing football. No surgeries.
- Exercised vigorously daily until 26 then only on weekends.
- Prostate infections through most of the decade, but decreasing in frequency.
- Contracted [genital herpes](#) that has diminished with age. (It only appears under stressful conditions.)
- Night sweats: the bed gets so wet I have to change nightclothes and put a towel down to lie on. (Continue to present.)
- Tried marijuana in my mid twenties. Used it rarely.
- Married, 2 children.

## 30's:

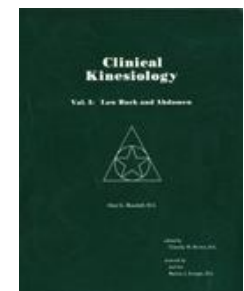
- Exercised vigorously daily until age 38 when my back "popped" out and I couldn't walk. Started seeing a [chiropractor](#) regularly to present.
- Began yoga daily until my back wouldn't allow many stretches in my late 40's.



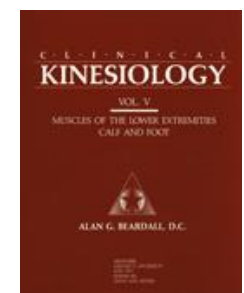
[Clinical EcoBiotics](#)



[Neural Kinesiology \(aka A.R.T.\)](#)



[Muscles of the Lower Back & Abdomen](#)



[Muscles of the Lower Extremities](#)

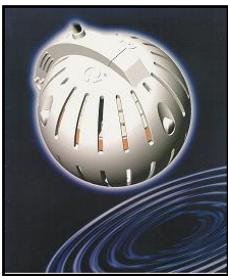
# PACIFIC NORTHWEST FOUNDATION



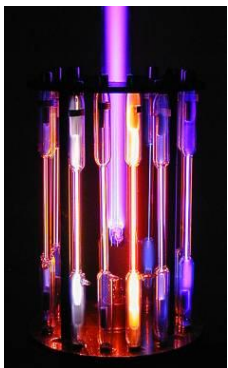
[Coffee: To Drink, or Not to Drink?](#)



[Genetically Engineered Food](#)



[Q2 B.E.F.E.](#)



[Multiwave Oscillator](#)

- Exercised vigorously every other day, but didn't run anymore.
- Vasectomy--local anesthesia.
- Tried (snorted) cocaine perhaps 20 times in my early 30's. Smoked marijuana occasionally.

## 40's:

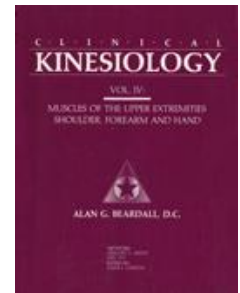
- Continuing lower back and shoulder problems
- Continued vigorous exercising 3-5 times per week until late 40's
- Smoked marijuana almost daily for three years. Haven't had any since.
- Divorced
- Married for the second time, 2 step children.
- Superficial skin cancers burned off my face three times. Fear of melanoma.

## 50's:

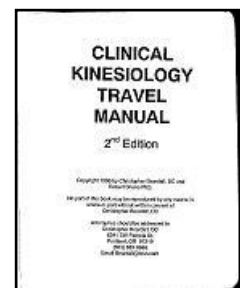
- [Rolfing](#)
- [Acupuncture](#) for shoulders worked wonders
- Continuing lower back problems but not as frequent
- Decreasing exercise due to stress
- Nose [herpes](#)
- Continue seeing a [chiropractor](#)

## Eating Habits:

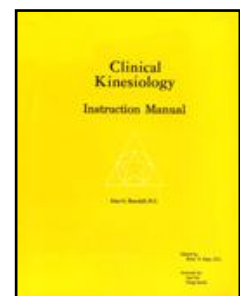
- Eat three times a day. Eat a great deal to release stress. Used to eat large amounts of sugary foods and drinks. Virtually eliminated sugar from my diet 20 years ago. Average breakfast can range from granola and fruit to chili to crackers and dip to three spoons of yogurt. Average lunch can range from a sandwich to a full meal. Average dinner is usually grains and dairy or meat (in small quantities) with cracker snacks after.
- Rarely eat fruits or vegetables. Drink c. one gallon of filtered water diluting Dole juice daily. Have two drinks of gin and tonic every evening in past 6 months. Go for months, or weeks without any alcohol in the evening. Used to drink wine,



[Clinical Kinesiology: Muscles of the Upper Extremities](#)



[Clinical Kinesiology Travel Manual](#)



[Clinical Kinesiology Instruction Manual](#)



[Clinical Kinesiology TMJ & Hyoid Muscles](#)



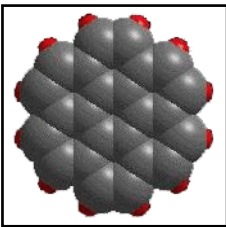
# PACIFIC NORTHWEST FOUNDATION



[Biomodulator](#)



[SCENAR](#)



[Toxicity Study](#)



[Our Toxic Times](#)



[TOXMAP](#)

but got headaches. Switched to hard liquor when I drank, again only in the evenings before dinner.

- Sometimes [coffee](#) in the morning, but usually only on Saturdays.

## Family History

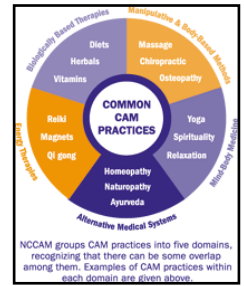
- Mother: age 80 and in good physical health. No history of any physical problems of which I am aware. Recovering alcoholic.
- Father: died age 65 by suicide. vegas nerve surgically severed, took [morphine](#), uppers, downers, shock therapy and booze to try to deal with if not eliminate migraine headaches. Back problems (saw a [chiropractor](#) for decades).
- Siblings: all three in good if not excellent physical health; all younger than me; no history of addictions.
- Uncle (father's brother): died of cancer that spread from his prostate to his testicles and his spine.
- Mothers siblings: many died from alcoholism and smoking related diseases.

## Review Of Systems:

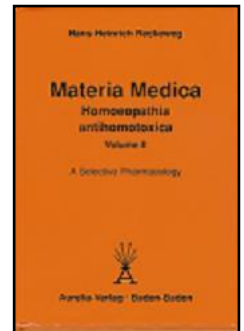
Skin, Hair, Nails: periodic fungus on neck, torso, crotch and legs since my 20's. Dermatologist has given me medication, topical cream and pills, which only temporarily relieve the symptoms. Periodic bumps on scalp; medicated shampoo does not help much. Ridges on most of my not-so-strong fingernails.

Head, Eyes, Ears, Nose, Throat, Mouth: wear bifocals, mostly near sighted. At least three incidents of conjunctivitis as a child. Constant ringing in ears. Numerous ear infections as a child. Broken nose in my teens and frequent hay fever. [Tonsillitis](#) frequently as a child. Five superficial fillings in my teens.

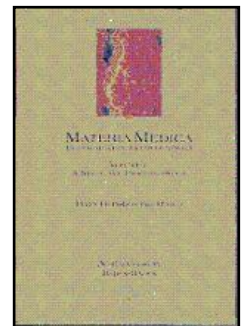
Heart and Lungs: heart murmur as a child, not detected since then. "Pitted" lungs in my 30's, treated with codeine.



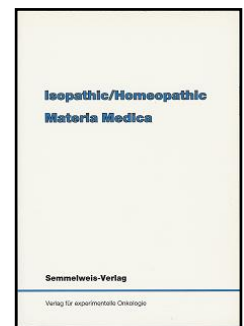
[NCCAM](#)



[Homotoxicology](#)  
[Materia Medica I](#)



[Homotoxicology](#)  
[Materia Medica II](#)



[Isopathic/](#)  
[Homeopathic](#)  
[Materia Medica](#)

