

Checklist

	Reaction	Food	Family
▼ Bovine			
<input type="checkbox"/>	+3	Milk, Cows	Bovine
<input type="checkbox"/>	+2	Milk, Goat's	Bovine
<input type="checkbox"/>	+1	Beef	Bovine
<input type="checkbox"/>		Lamb	Bovine
▼ Fungus			
<input type="checkbox"/>	+3	Yeast, Baker's	Fungus
<input type="checkbox"/>	+3	Yeast, Brewer's	Fungus
<input type="checkbox"/>		Mushroom	Fungus
▼ Bovine/Fungus			
<input type="checkbox"/>	+2	Cheese	Bovine/Fungus
▼ Legume			
<input type="checkbox"/>	+1	Bean, Kidney	Legume
<input type="checkbox"/>	+1	Bean, Navy	Legume
<input type="checkbox"/>	+1	Bean, Pinto	Legume
<input type="checkbox"/>		Alfalfa	Legume
<input type="checkbox"/>		Bean, Green	Legume
<input type="checkbox"/>		Bean, Lima	Legume
<input type="checkbox"/>		Bean, Mung	Legume
<input type="checkbox"/>		Bean, Yellow Wax	Legume
<input type="checkbox"/>		Lentil	Legume
<input type="checkbox"/>		Pea	Legume
<input type="checkbox"/>		Peanut	Legume
<input type="checkbox"/>		Soybean	Legume
▼ Grain/Grass			
<input type="checkbox"/>	+1	Malt	Grain/Grass
<input type="checkbox"/>	+1	Wheat	Grain/Grass
<input type="checkbox"/>		Corn	Grain/Grass
<input type="checkbox"/>		Rice	Grain/Grass
<input type="checkbox"/>		Rye	Grain/Grass
<input type="checkbox"/>		Sugar, Cane	Grain/Grass
▼ Mollusk			
<input type="checkbox"/>	+1	Oyster	Mollusk
<input type="checkbox"/>		Clam	Mollusk
<input type="checkbox"/>		Scallops	Mollusk
▼ Myrtle			
<input type="checkbox"/>	+1	Paprika	Myrtle

	Reaction	Food	Family
<input type="checkbox"/>		Clove	Myrtle
▼ Pepper			
<input type="checkbox"/>	+1	Pepper, Black and White	Pepper
▼ Nightshade			
<input type="checkbox"/>	+1	Pepper, Green	Nightshade
<input type="checkbox"/>	+1	Tomato	Nightshade
<input type="checkbox"/>		Eggplant	Nightshade
<input type="checkbox"/>		Pepper, Cayenne	Nightshade
<input type="checkbox"/>		Pepper, Red	Nightshade
<input type="checkbox"/>		Pimento	Nightshade
<input type="checkbox"/>		Potato, White	Nightshade
▼ Swine			
<input type="checkbox"/>	+1	Pork	Swine
▼ Hare			
<input type="checkbox"/>	+1	Rabbit	Hare
▼ Mustard			
<input type="checkbox"/>	+1	Rape Seed (Canola Oil)	Mustard
<input type="checkbox"/>		Broccoli	Mustard
<input type="checkbox"/>		Brussels Sprouts	Mustard
<input type="checkbox"/>		Cabbage	Mustard
<input type="checkbox"/>		Cauliflower	Mustard
<input type="checkbox"/>		Greens, Mustard	Mustard
<input type="checkbox"/>		Horseradish	Mustard
<input type="checkbox"/>		Mustard	Mustard
<input type="checkbox"/>		Radish	Mustard
<input type="checkbox"/>		Turnip	Mustard
▼ Pedalium			
<input type="checkbox"/>	+1	Sesame	Pedalium
▼ Mackerel			
<input type="checkbox"/>	+1	Tuna	Mackerel
<input type="checkbox"/>		Mackerel	Mackerel
▼ Deer			
<input type="checkbox"/>	+1	Venison	Deer
▼ Rose			
<input type="checkbox"/>		Almond	Rose
<input type="checkbox"/>		Apple	Rose
<input type="checkbox"/>		Apricot	Rose
<input type="checkbox"/>		Blackberry	Rose
<input type="checkbox"/>		Cherry	Rose

	Reaction	Food	Family
<input type="checkbox"/>		Peach	Rose
<input type="checkbox"/>		Pear	Rose
<input type="checkbox"/>		Plum	Rose
<input type="checkbox"/>		Raspberry	Rose
<input type="checkbox"/>		Strawberry	Rose
▼ Purslane			
<input type="checkbox"/>		Amaranth	Purslane
▼ Laurel			
<input type="checkbox"/>		Avocado	Laurel
<input type="checkbox"/>		Bay Leaf	Laurel
<input type="checkbox"/>		Cinnamon	Laurel
▼ Banana			
<input type="checkbox"/>		Banana	Banana
▼ Grass			
<input type="checkbox"/>		Barley	Grass
<input type="checkbox"/>		Millet	Grass
<input type="checkbox"/>		Oat	Grass
<input type="checkbox"/>		Tapioca	Grass
▼ Mint			
<input type="checkbox"/>		Basil	Mint
<input type="checkbox"/>		Mint	Mint
<input type="checkbox"/>		Oregano	Mint
<input type="checkbox"/>		Peppermint	Mint
<input type="checkbox"/>		Sage	Mint
<input type="checkbox"/>		Thyme	Mint
▼ Goosefoot			
<input type="checkbox"/>		Beet	Goosefoot
<input type="checkbox"/>		Quinoa	Goosefoot
<input type="checkbox"/>		Spinach	Goosefoot
▼ Heath			
<input type="checkbox"/>		Blueberry	Heath
<input type="checkbox"/>		Cranberry	Heath
▼ Buckwheat			
<input type="checkbox"/>		Buckwheat	Buckwheat
<input type="checkbox"/>		Rhubarb	Buckwheat
▼ Gourd			
<input type="checkbox"/>		Cantaloupe	Gourd
<input type="checkbox"/>		Cucumber	Gourd
<input type="checkbox"/>		Melon, Honeydew	Gourd

	Reaction	Food	Family
<input type="checkbox"/>		Pumpkin	Gourd
<input type="checkbox"/>		Squash, Yellow	Gourd
<input type="checkbox"/>		Zucchini	Gourd
▼ Carrot			
<input type="checkbox"/>		Carrot	Carrot
<input type="checkbox"/>		Celery	Carrot
<input type="checkbox"/>		Parsley	Carrot
▼ Akysidae			
<input type="checkbox"/>		Catfish	Akysidae
▼ Pheasant			
<input type="checkbox"/>		Chicken	Pheasant
<input type="checkbox"/>		Egg	Pheasant
▼ Sterculia			
<input type="checkbox"/>		Cocoa/Chocolate	Sterculia
▼ Palm			
<input type="checkbox"/>		Coconut	Palm
<input type="checkbox"/>		Date	Palm
▼ Codfish			
<input type="checkbox"/>		Cod	Codfish
<input type="checkbox"/>		Haddock	Codfish
▼ Madder			
<input type="checkbox"/>		Coffee	Madder
▼ Crustacean			
<input type="checkbox"/>		Crab	Crustacean
<input type="checkbox"/>		Lobster	Crustacean
<input type="checkbox"/>		Shrimp	Crustacean
▼ Parsley			
<input type="checkbox"/>		Cumin	Parsley
<input type="checkbox"/>		Seed, Caraway	Parsley
<input type="checkbox"/>		Seed, Dill	Parsley
▼ Gooseberry			
<input type="checkbox"/>		Currant	Gooseberry
▼ Anatidae			
<input type="checkbox"/>		Duck	Anatidae
<input type="checkbox"/>		Goose	Anatidae
▼ Flounder			
<input type="checkbox"/>		Flounder	Flounder
<input type="checkbox"/>		Halibut	Flounder
<input type="checkbox"/>		Sole	Flounder

	Reaction	Food	Family
▼ Lily			
<input type="checkbox"/>		Garlic	Lily
<input type="checkbox"/>		Onion	Lily
▼ Ginger			
<input type="checkbox"/>		Ginger	Ginger
▼ Grape			
<input type="checkbox"/>		Grape, Concord	Grape
<input type="checkbox"/>		Grape, White	Grape
▼ Citrus			
<input type="checkbox"/>		Grapefruit	Citrus
<input type="checkbox"/>		Lemon	Citrus
<input type="checkbox"/>		Lime	Citrus
<input type="checkbox"/>		Orange	Citrus
<input type="checkbox"/>		Tangerine	Citrus
▼ Herring			
<input type="checkbox"/>		Herring	Herring
<input type="checkbox"/>		Sardine	Herring
▼ Composite			
<input type="checkbox"/>		Lettuce	Composite
<input type="checkbox"/>		Safflower	Composite
<input type="checkbox"/>		Sunflower	Composite
▼ Walnut			
<input type="checkbox"/>		Nut, Black Walnut	Walnut
<input type="checkbox"/>		Nut, English Walnut	Walnut
<input type="checkbox"/>		Nut, Pecan	Walnut
▼ Sapucaya			
<input type="checkbox"/>		Nut, Brazil	Sapucaya
▼ Cashew			
<input type="checkbox"/>		Nut, Cashews	Cashew
▼ Birch			
<input type="checkbox"/>		Nut, filbert	Birch
▼ Nutmeg			
<input type="checkbox"/>		Nutmeg	Nutmeg
▼ Olive			
<input type="checkbox"/>		Olive	Olive
▼ Papaya			
<input type="checkbox"/>		Papaya	Papaya
▼ Bass			
<input type="checkbox"/>		Perch	Bass

	Reaction	Food	Family
<input type="checkbox"/>		Sea Bass	Bass
<input type="checkbox"/>		Snapper	Bass
▼ Pineapple			
<input type="checkbox"/>		Pineapple	Pineapple
▼ Morning Glory			
<input type="checkbox"/>		Potato, Sweet	Morning Glory
▼ Salmon			
<input type="checkbox"/>		Salmon	Salmon
<input type="checkbox"/>		Trout	Salmon
<input type="checkbox"/>		White fish	Salmon
▼ Tea			
<input type="checkbox"/>		Tea	Tea
▼ Turkey			
<input type="checkbox"/>		Turkey	Turkey
▼ Orchid			
<input type="checkbox"/>		Vanilla	Orchid
▼ Cucurbitaceae			
<input type="checkbox"/>		Watermelon	Cucurbitaceae
▼ (blank)			
<input type="checkbox"/>			
<input type="checkbox"/>			