

PACIFIC NORTHWEST FOUNDATION

ANNA'S SIXTH PROGRESS REPORT July 2000 through December 2000

SUBJECTS COVERED

July

- Magnesium
- Neural Therapy
- Unda Glandulars
- Intense Headaches

August

- Neural Therapy
- Frankenhauser Ganglia
- NAET

September

- Isotherapy—Sanums
- Thyroid
- Homeopathy

October

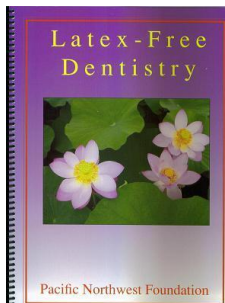
- Isotherapy
- NAET
- Chiropractic

November

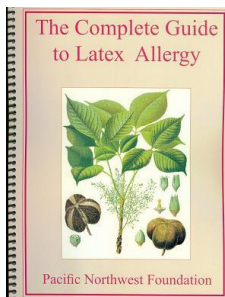
- Isotherapy
- Acupuncture
- NAET
- DMSO/Lidocaine



[Latex Allergy Resource Guide](#)



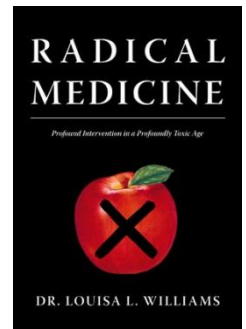
[Latex-Free Dentistry](#)



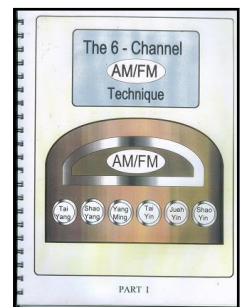
[Complete Guide to Latex Allergy](#)



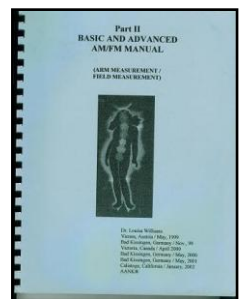
[Latex-Free First Aid Kit](#)



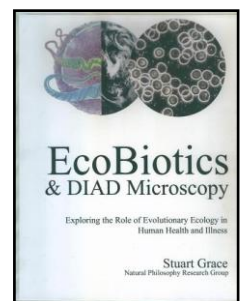
[Radical Medicine](#)



[The 6-Channel AM/FM Technique](#)



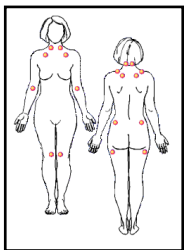
[Basic and Advanced AM/FM Manual](#)



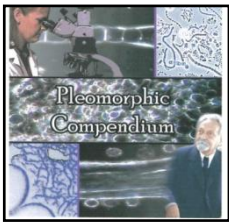
[EcoBiotics](#)



[Chelita: A Cancer Survivor' Story](#)



[Overcoming Fibromyalgia](#)



[Pleomorphic Compendium](#)



[T-shirt](#)

December

- Holistic Dentistry
- NAET
- Isotherapy

Symptoms

- Daily
- Nightly
- Periodically

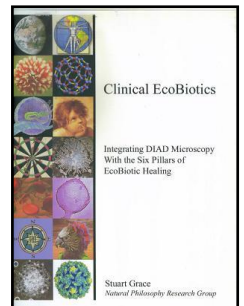
Remedies

- Flower Essences
- Herbs
- Homeopathics
- Isopathics
- Vitamins & Minerals

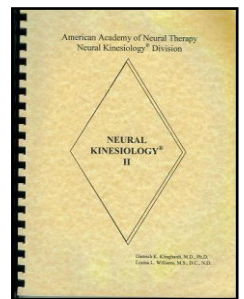
July 2000

In this, my 32nd month, I am still having symptoms of lip swelling, throat tightness, headache, chills, fatigue, blotchy rash, swollen lips with white ring, left jaw pain, and difficulty sleeping. They do improve with restarting [magnesium](#). The rash migrates from buttocks to thighs and I have occasional chest pain with intense burning of feet and lower leg bones happening at night. My neck pain improved with a change of pillow.

Later in the month I had [neural therapy](#) to my kidneys, right ankle scar, and left [cervical lymph node](#). My symptoms



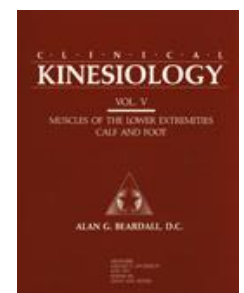
[Clinical EcoBiotics](#)



[Neural Kinesiology \(aka A.R.T\)](#)



[Muscles of the Lower Back & Abdomen](#)



[Muscles of the Lower Extremities](#)

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[Coffee: To Drink, or Not to Drink?](#)



[Genetically Engineered Food](#)



[Q2 B.E.F.E.](#)



[Multiwave Oscillator](#)

worsened with headache, nausea upon waking, gray to yellow skin color, increased sinus drainage, transient throat tightness, swollen lips with white ring beneath lower lip, nasal herpes and intermittent stabbing teeth pain. I had difficulty sleeping although I have increased energy. I also had one episode of left-sided chest wall discomfort lasting about 5-6 hours. I stopped the [Unda](#) 4 Glandular Remedy.

At the end of the month I had migraine-type headaches and hot flashes for 3 days. I discontinued the remaining 3 [Unda](#) Glandulars. The chest discomfort did not reoccur, but I was unable to sleep.

I took one dose of homeopathic leutenium sublingual granule with resulting migraine-type headache and hot flashes returning.

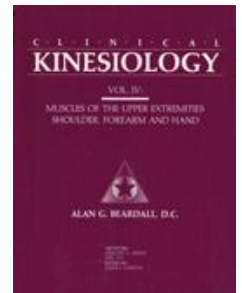
August 2000

All of my symptoms have resolved except for moderate sinus drainage and occasional hot flashes. My energy is better with medication changes and additions. I had [neural therapy](#) to the [Frankenhauser ganglia](#). My amalgam rash is still primarily to the lower legs and chest. The blotchy rash, located on posterior mid thighs, is diminishing and the lower legs and feet are still burning at night.

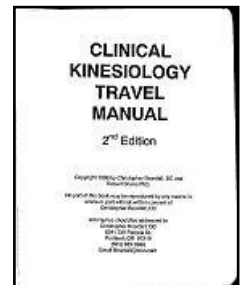
I tested positive for allergies to [Folic Acid](#), [Salt](#) mix, [Vitamin E](#), [Vitamin F](#), [Vitamin K](#), [Vitamin T](#) with [Nambudripad](#)'s test kit. I treated for Folic Acid with a resulting severe headache and swollen lips post-treatment. I cleared (no longer testing positive for a sensitivity) Folic Acid 100%.

I also cleared (no longer testing positive for a sensitivity) Vitamins E, F, K, & T. I repeated Salt mix treatment with swollen lips, fatigue, and moderately severe headache with sinus drainage. I cleared (no longer testing positive for sensitivity) Salt mix 100%. I also treated and cleared [Hypothalamus](#), [Pituitary](#), [Thyroid](#), [Kidneys](#), Pituitrophin, hormones, and ovaries with [NAET](#). I had a severe headache for one day and fatigue for several days post treatment with increased "brain fog."

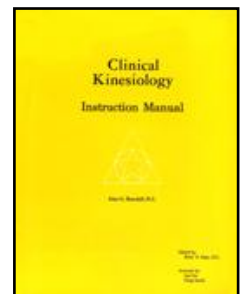
My energy level is fair, but I am having difficulty sleeping. I



[Clinical Kinesiology: Muscles of the Upper Extremities](#)



[Clinical Kinesiology Travel Manual](#)



[Clinical Kinesiology Instruction Manual](#)



[Clinical Kinesiology TMJ & Hyoid Muscles](#)

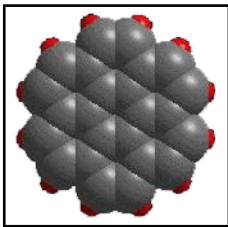
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[Biomodulator](#)



[SCENAR](#)



[Toxicity Study](#)



[Our Toxic Times](#)



[TOXMAP](#)

am experiencing night sweats and I am edgy and congested.

September 2000

My 34th month, although a little better after replacing down pillow, my energy level is fair with symptoms of sinus drainage and congestion, random chills, decreased night sweats, hot flashes, intermittent herpes and irritability. The blotchy skin rash is gone and the amalgam rash and bottom right foot rash have both decreased. I am still having difficulty sleeping at times with neck pain.

At the beginning of the month I took [Recarcin](#), [Utilin-S](#), and [Lidocaine](#), resulting in random atypical chest wall discomfort, sore throat, and increased energy flow to both arms, torso and right leg. After experiencing slight nausea, liver and kidney discomfort upon awakening, I began taking drainage remedies.

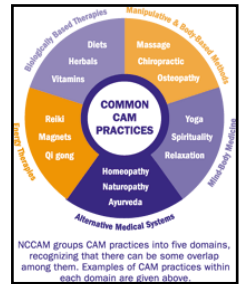
I have an increased amount of energy and sense of well-being, although I am still experiencing hot flashes, night sweats, sinus drainage with left cervical lymph node swelling, intermittent chills, random chest pain, ongoing intermittent nasal herpes with mouth soreness, and difficulty sleeping. I restarted thyroid, leutenium, and other remedies.

I cleared (no longer testing positive for a sensitivity) NAET feather mix 100% in the middle of the month my symptoms included a better energy level but occasional chest wall discomfort, chills, nasal herpes, and increased sinus congestion and drainage.

I acquired a fever of 101.8 (axillary) towards the end of the month, with severe head or brain pain, congestion, chills, lower back pain along the spinal column, yellow skin color, and pain and the upper and lower right side of teeth and jaw for 3 days. I could only sleep sitting up because of the congestion and drainage. I took one ampoule each of [Pleo-Alb](#) and [Pleo-Rec](#) on the last day of the month.

October 2000

I am still having residual chills, fatigue, sinus congestion,

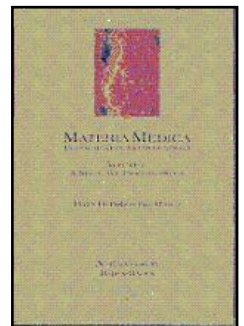


NCCAM groups CAM practices into five domains, recognizing that there can be some overlap among them. Examples of CAM practices within each domain are given above.

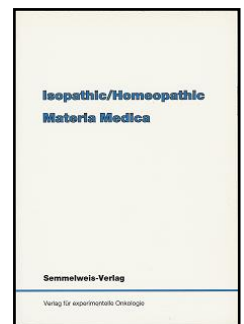
[NCCAM](#)



[Homotoxicology
Materia Medica I](#)



[Homotoxicology
Materia Medica II](#)



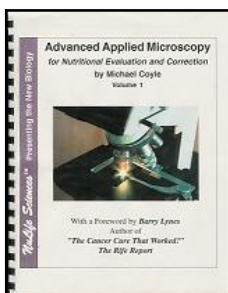
[Isopathic/
Homeopathic
Materia Medica](#)

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[My AminoPlex](#)

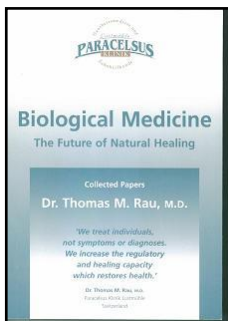
and drainage. I took [Pleo-Alb](#), [Pleo-Rec](#), and [Utilin-S](#) over 4 days. I am usually feeling much better after taking [Utilin-S](#), having increased energy and well-being. After taking the [Pleo-Rec](#) I usually feel much worse, experiencing symptoms of fatigue, brain fog, difficulty with fine motor functions, brain pain and lower spinal column pain, body sweats, difficulty getting to sleep, chills, nasal herpes flare, increased sinus drainage and left cervical lymph node size, and more edgy and out of sorts.



[Advanced Applied Microscopy](#)

I am continuing treatment with [Utilin-S](#), [Pleo-Alb](#), and [Pleo-Rec](#) and experiencing increased congestion and sinus drainage, fatigue, sore throat, intermittent headache, chest pain, hot flashes, night sweats, nausea, neck and right hip discomfort, and difficulty sleeping.

I need to sleep in an upright position due to drainage and awakening at night unable to breathe due to congestion. I increased dosages of all medications. I had a chiropractic treatment. My neck and back pain are better, the headache is getting milder, and I am less congested, but have continued sinus drainage.



[Biological Medicine](#)

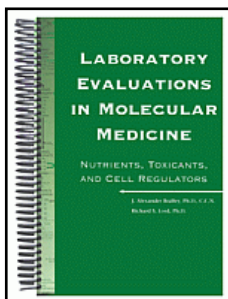
I am still having trouble sleeping. I tested positive for an allergy to down feathers so I removed the down comforter from the bed. The drainage and sinus congestion has improved.

November 2000

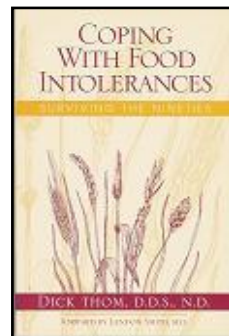
At the beginning of the 36th month, I took [Chrysor](#), [Latensin](#), and [Utilin](#), and had NAET treatments.

I experienced continued sinus drainage, which diminished after an acupuncture treatment. I had good levels of energy alternating with increased fatigue, right kidney pain, brain fog, and occasional transient chest discomfort and throat tightness, which was worse with [DMSO/Lidocaine](#) treatments.

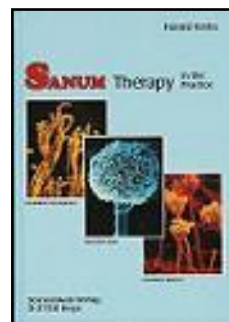
I started to see a practitioner for massage and craniosacral therapy and to get input regarding the proper alignment of my jaw and cranial bones in relation to my bite.



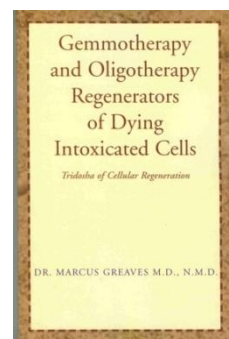
[Laboratory Evaluations in Molecular Medicine](#)



[Coping with Food Intolerances](#)

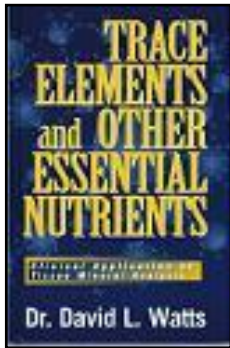


[Sanum Therapy](#)



[Gemmotherapy and Oligotherapy Regenerators of Dying Intoxicated Cells](#)

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[Trace Elements and Other Essential Nutrients](#)

I had a dental procedure toward the middle of the month. The left side of my mouth and face weren't draining so my face, eyelids, and lip swelled. I had a weight gain of 8 pounds. I also experienced an increase in the severity of my brain fog, fatigue, chills, sore throat, and more chest wall discomfort than normal.

December 2000

I started a new protocol ([Stuart Grace](#)) and decreased my Pekana (drainage) remedies this 37th month. After a few weeks of the protocol, I am having headaches and nausea upon waking, but decreased oscillation and sometimes switching.

I had another dental procedure with resulted in a weight loss of 6 pounds and decreased facial swelling and decreased left cervical node swelling. I am feeling better, although still tired, retaining water, and having difficulty sleeping.

I had an [NAET](#) treatment to the dental materials used in my restorations, which helped with the headaches and throat tightness

I am still experiencing hot flashes and night sweats, so I am taking some isopathic remedies ([Chrysor](#), [Latensin](#), and [Utilin](#)) to balance my hormones.



[PharmFacts for Nurses](#)



Symptoms

Daily

- Sinus pain and congestion
- Intermittent Herpes
- Chills
- Jumpy/Irritable
- Decreased rash-amalgam and skin
- Brain “fog”
- Neck pain Upon waking (Usually gone by midmorning)
- Liver and Kidney pain
- Headache
- Nausea

Nightly

- Difficulty sleeping
- Decreased night sweats and hot flashes
- Weight gain

Periodically



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- | | |
|--|--|
| <ul style="list-style-type: none"> • Sinus pain • Swollen lips with white ring • Rash—thighs, R foot, • Gray-yellow skin • Throat tightness • Brain fog • Nasal herpes • Fatigue Chills • Stabbing teeth pain | <ul style="list-style-type: none"> • Left buttocks pain • Chest wall discomfort • Headache • L-sided sore throat • Burning feet & lower leg • Difficulty sleeping • Jaw pain-L side • Painful bones at night • Jumpy, irritable • Cervical node soreness-L |
|--|--|

Remedies: taken each day in various forms.

Flower Essences

- Ambassador
- Chicago Peace
- Cornflower
- [Orange Ruffles](#)
- [Peace](#)
(Perelandra)
- Sonia (Perelandra)
- Sweet Bell Pepper
(Perelandra)

Herbs

- [Black Cohosh](#)
- [Blue Vervain](#)
(Verbena Hastata)
- [Cilantro](#)
- [Echinacea](#)
- [False Solomon's Seal](#)
- [Fireweed](#)
- [Glacier Lily](#)
- [Horsetail](#)
- Liquorice Root
- [Mullein](#)
- [Nettles](#)
- [Peppermint](#)
- Skullcap
(Scutellaria laterifolora)

Homeopathics

- [Apo-Hepat](#)
- [Apo-Oedem](#)
- [Iteres](#)
- Luteinum ([Unda](#))
- Magnesium

Isopathics

- [Sanums](#)
- Pharmaceuticals
- [Benadryl](#) (liquid and pill)

Vitamins & Minerals

- B-Balance Liquescence
- [B-5 Pantethine](#)
- [B-6](#)
- [B-12](#)
- [Beta-Plex](#)
- Buffered Vitamin C
- [Chlorella](#)
- [Coral Calcium](#)
- [Evening Primrose Oil](#)
- [Flax Seed Oil](#)
- [Folate](#)
- [Iodine](#) (Marco Pharma)
- Lacto-S-Plus (Marco Pharma)
- [Vitamin E](#)

Other

- [DMPS/DMSO/Lidocaine](#)
- Drink 8-12 cups of filtered water
- Diet: 30% protein, 30% fat, 40% CHO
- [Sonicare](#) Toothbrush
- Exercise
- Walk
- Detox baths: Baking Soda alternating Epsom Salt
- [BHI Allergy](#)
- Aesculus (Marco Pharma)
- Bucco (Marco Pharma)



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- | | |
|---|---|
| <ul style="list-style-type: none">• Gluconium (Unda)• Progesteronum (Unda)• Renelix• Unda 4• Unda 39• Unda 44• Unda 243• Thyroidium (Unda)• Toxex | <ul style="list-style-type: none">• Ricera (Marco Pharma) |
|---|---|

The information contained herein has been obtained from a variety of sources. This document is presented to increase awareness of the topic and educate the general public. It is not intended to be an extensive discussion of this subject, or to provide specific treatment guidelines.



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