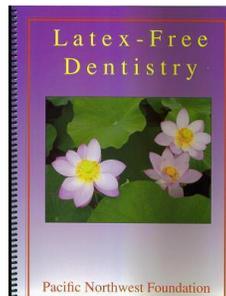
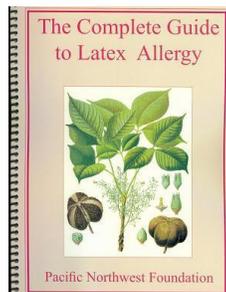




[Latex Allergy
Resource Guide](#)



[Latex-Free Dentistry](#)



[Complete Guide to
Latex Allergy](#)



[Latex-Free
First Aid Kit](#)

ANNA'S PRIMARY HEALTH PROBLEMS

Her Chief Complaints and their History

SUBJECTS COVERED:

Chief Complaints

- Multiple Sensitivities/Allergies
- Hormonal Imbalance
- Thyroid Function

History of Chief Complaints

- Acupuncture
- NAET
- Breast cancer
- Hysterectomy
- Latex and other allergies
- Naturopath
- DHEA
- Menopause
- Pituitary
- Homeopathic estrogen cream

This was as of November 1997 and is excerpted from a statement written for a physician.

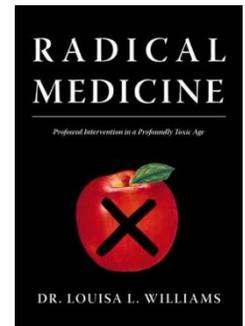
My Chief Complaints:

Multiple increasing sensitivities occurring only after [latex anaphylaxis](#)

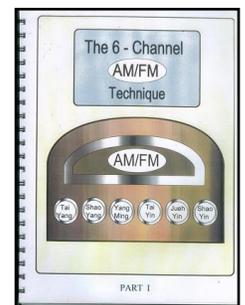
[Hormonal balance](#)

[Thyroid](#) function

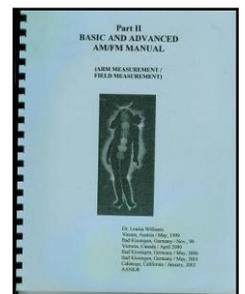
History of My Chief Complaints:



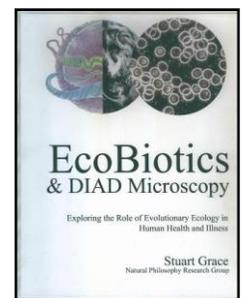
[Radical Medicine](#)



[The 6-Channel AM/FM
Technique](#)



[Basic and
Advanced AM/FM
Manual](#)

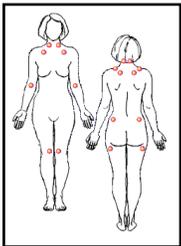


[EcoBiotics](#)

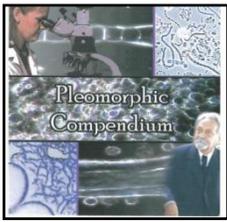
PACIFIC NORTHWEST FOUNDATION



[Chelita: A Cancer Survivor' Story](#)



[Overcoming Fibromyalgia](#)



[Pleomorphic Compendium](#)



[T-shirt](#)

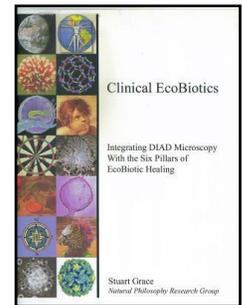
I am coming to your office at the suggestion of my [acupuncturist, Ellen Shefi](#). I have been seeing her for almost seven months for treatment of allergies, completing 72 acupuncture treatments ([NAET](#)). I began to add back into my diet foods for which I had been treated and experienced the pleasure of eating virtually anything I wanted. (The [Vega testing](#) showed notable improvement in my sensitivity levels.)

Then I started to experience increased sinus and nasal drainage, sinus headache, lip and eyelid swelling, increased generalized fatigue and slight expiratory wheezing. Eating a diet of only fruits, vegetables, and rice did improve the symptoms, but did not cause them to disappear entirely. It seems that [grains, meats, and dairy products](#) will cause a greater degree of symptoms to occur.

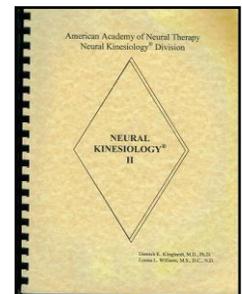
After my first [anaphylaxis](#) to [latex/gentamycin](#) in July 1994, I followed an elimination diet for approximately two years. I avoided the [latex cross reactive foods](#) in addition to those foods to which I had tested positive. The sensitivities were improving until I experienced my second anaphylaxis in December 1996. Since then, the sensitivities were more severe and more numerous than previous [Vega test](#) results. At this point, I began having difficulties tolerating my vitamin and mineral supplements. I have continued to react to multiple items such as elastic in clothing, masking tape, or any other rubber-related items.

I had a [total hysterectomy](#) with removal of both ovaries in 1991. I have had difficulty balancing my hormone levels since then. At one time, I was taking 0.1-estrogen patches 4x week. A breast biopsy was performed in March 1996. The pathology report was negative for [breast cancer](#) but did indicate that severe atypia was present.

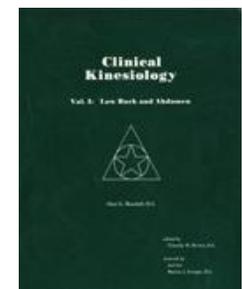
During that past three years, I have been working with a naturopath to attain hormonal balance. Treatment included DHEA for several months, [homeopathic menopausal](#) capsules, homeopathic estrogen cream, a pituitary supplement, homeopathic estrogen 6x and



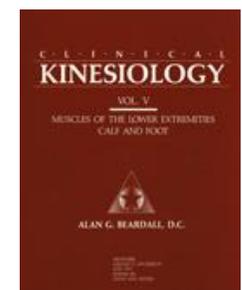
[Clinical EcoBiotics](#)



[Neural Kinesiology \(aka A.R.T.\)](#)



[Muscles of the Lower Back & Abdomen](#)

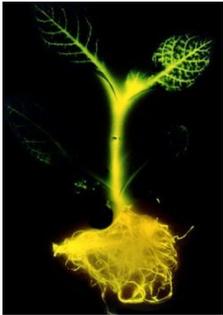


[Muscles of the Lower Extremities](#)

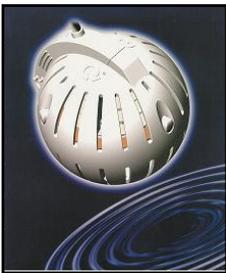
PACIFIC NORTHWEST FOUNDATION



[Coffee: To Drink, or Not to Drink?](#)



[Genetically Engineered Food](#)



[Q2 B.E.F.E.](#)

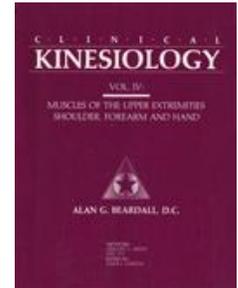


[Multiwave Oscillator](#)

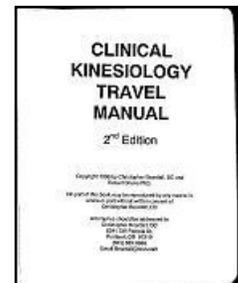
homeopathic [progesterone](#) 3x. Typically I would tolerate the medication for a short time and would eventually experience vascular/migraine-type headaches. My last post-[menopausal](#) hormone panel saliva test was the most balanced it has ever been. The only treatment has been [acupuncture](#) and occasional ½ homeopathic estrogen 6c sublingual pellet and one homeopathic progesterone 3x daily sublingual tablet. At this time, I am taking only occasional homeopathic estrogen 6c and homeopathic progesterone 3x daily for sporadic hot flashes or when I have difficulty sleeping.

My [thyroid](#) panel lab values are in the lower normal range. My auxiliary temperature (taken under the arm before I get up in the morning) ranged from 95.7 to 96.5 F, my hands and feet were cold. I had difficulty getting up in the morning; I got chills and always felt cold. I have had a significant amount of hair loss. I took homeopathic thyroid 3x daily for approximately one month. My body temperature has increased to 96.6-96.8 auxiliary. My hands and feet are warmer. I do not feel as cold. I do continue to have occasional chills and hair loss. Historically, I have always had the tendency to be cold as long as I can remember. The hair loss began in 1991 and has continued.

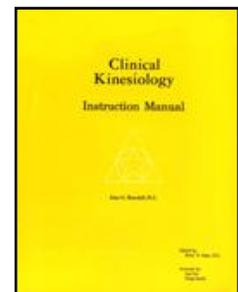
I found the [NAET](#) to be helpful. It may be of interest to note that at times during my [acupuncture](#) treatments I experience chills, a sensation of energy, and sinus and postnasal drainage. Overall I do feel much better in that I have experienced increased energy and a general sense of well-being.



[Clinical Kinesiology: Muscles of the Upper Extremities](#)



[Clinical Kinesiology Travel Manual](#)



[Clinical Kinesiology Instruction Manual](#)



[My AminoPlex](#)